

NICKY ABDINOR
INSPIRATIONAL SPEAKER – CLINICAL PSYCHOLOGIST – NON-PROFIT FOUNDER

Born without arms, not without attitude!
Nicky Abdinor is an expert on doing MORE, with less.

Nicky Abdinor is a Clinical Psychologist, Inspirational Speaker, and Founder of the non-profit organization, Nicky's Drive. Nicky is an advocate for mobility and independence and has a passion for challenging our perceptions of ABILITY.

Following the completion of her Master's degree in Clinical Psychology at Stellenbosch University, Nicky lectured Psychology students part-time and established her private practice in Cape Town. Her therapeutic focus is on Cognitive-Behaviour Therapy – she is a firm believer that it's not our situation but how we **think** about our situation, that determines our emotional well-being.

Nicky began giving talks during her university years when people saw her potential to inspire audiences. She is now a sought-after inspirational keynote speaker and gained international recognition following her TEDx talk, "Driving Dreams." Nicky has presented talks as far as Europe, the USA, Middle East and Australia.

Nicky's registered non-profit organisation, Nicky's Drive, aims to fund car adaptations for people with disabilities in South Africa. Her talks at conferences and events are her main form of fundraising for her organisation.

Professor Jonathan Jansen (education advocate) listed Nicky as one of 67 South Africans who he believes emanate the values and principles of Nelson Mandela.

Nicky is always commended on being a credible agent of change. When you meet Nicky, it is hard not to recognise that she puts her message into practice!